



Kathleen Le Roux

229 Eastwood Rd, Toronto, Ontario, M4L 2E2 416 - 417-1459
kathleen@kathleenleroux.com www.kathleenleroux.com

THERAPEUTIC CLOWN EXPERIENCE-----

Adult, Geriatric and Dementia Care

Independent Therapeutic Clown Artist, 2012 - present

- Currently working in various health-care centres in Toronto in duo (i.e. with a therapeutic clown partner) on a regular basis alongside care staff to deliver patient-centred, individualized care to adults and elders coping with illness and/or disability with a focus on those living with Dementia.
- Manager and trainer of my small team of partners.

Elderclown Research Project - Therapeutic Clown Artist, 2013

- One of four therapeutic clown artists selected to deliver frequent (3 days/week) therapeutic clown services to 24 participating elders with Dementia in a CIHR-funded study to measure the effects of therapeutic clown visits on Dementia patients. The 3-month study was conducted at Baycrest Hospital by Toronto Rehab Institute Research Scientist, Dr. Pia Kontos.

Fondation Dr Clown – Therapeutic Clown Artist, 2007-2012

- Primary therapeutic clown artist working in duo (i.e. with a therapeutic clown partner) delivering regular ongoing service to elders with Dementia in care settings in Toronto (Long-Term Care, day centres for seniors)

Pediatrics

Holland Bloorview Therapeutic Clown Program - Therapeutic Clown “Dizzy” 2008 – 2011

- Worked in duo (i.e. with a therapeutic clown partner) with children with special needs and multiple disabilities on a frequent “occasional” basis.

The Therapeutic Clown Program at Sick Kids - Therapeutic Clown “Doko” – 2001 – 2011

- Worked solo for five years on the neurology/trauma/orthopaedics units visiting patients and families regularly, twice a week.
- Five years working solo on “occasional” basis, two days a month, filling in for absent therapeutic clowns as well as in the emergency and imaging departments.
- Co-creator and co-facilitator of “Intro to Therapeutic Clowning” – a two-level introductory course designed for people interested in the profession of therapeutic clowning.

Child Life Volunteer/therapeutic clown – Hotel Dieu/Kingston General Hospital - 1997

- Worked as a volunteer in the Child-Life program at both hospitals. Circulated around the pediatrics ward as “Rosy the Story-maker-upper” engaging in imaginative play with children monthly over an eight month period.

Community

Red Door Family Shelter – “Dr Dizzy Do-Right” – 2007

- Co-created and implemented a pilot program with clown partner Jamie Burnett that used therapeutic clowning to help bring joy, imagination and empowerment to children and families seeking refuge from trauma, family and/or systemic violence and/or poverty.

PUBLIC SPEAKING (Therapeutic Clowning) -----

Family Councils Connect Conference 2013

“Therapeutic Clowning in Dementia Care - Building Bridges of Delight”

Alzheimer Society of Toronto PSW Day 2011

“Dr Clown; A Prescription of Tenderness”

Activity Professionals of Ontario Conference 2010

“Under the Red Nose - Towards a Deeper Understanding of Therapeutic Clown Work in Elder Care”

George Brown College Field Supervisor’s Workshop 2009

“Dr Clown; A Prescription of Tenderness”

Sunnybrook Palliative Care Awareness Day 2009

“Therapeutic Humour”

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ARTS MANAGEMENT -----

Manager of independent Therapeutic Clown Practice - Toronto 2012- current

Independent Therapeutic Artist serving multiple adult and eldercare centres in Toronto. Manager and trainer of my small team of partners with whom I work in duo.

General Manager, Dr Clown/Jovia – Toronto Division, 2007- 2012

Founding partner of the Toronto Division of this Quebec-based therapeutic clown organization that brings professional artists into health-care settings to improve quality of life for children, adults and the elderly. Responsible for all areas of operation including fundraising, programming, communications, financial management, administration and training.

Treasurer, Chairman, Event Coordinator – Toronto Lindy Hop, 2000-2002

Leading member and co-founder of this non-profit swing-dance community with membership of over 300 dancers, teachers and jazz enthusiasts. Key organizer for numerous social dance events, workshops and international dance exchanges.

Assistant to the Artistic Director, All Canadian Theatresports, 1997-1999

Taught classes in improvisation and helped organize and run a weekly improvisation show at the Poor Alex Theatre in Toronto.

Artistic Director – The People’s Theatre, Kingston (now called Theatre Kingston), 1994-1997

Managed this Kingston-based theatre company that produced plays, created educational programs and ran classes and workshops in the community. Responsibilities included directing, artistic programming, marketing, publicity, volunteer coordination, fundraising, financial management, general administration and public relations.

Assistant to Coordinator – Kingston Buskers’ Rendezvous, 1997

Helped to organize and coordinate this annual four-day event of street performers in Kingston, Ontario, run by the Downtown Kingston Business Association.

Apprentice Artistic Director – Thousand Islands Playhouse, 1995

Assisted Artistic Director, Greg Wanless, with publicity, marketing, fundraising, accounting, seasonal programming, script development and financial planning.

Stage Manager – various community groups, 1989-1992

Effectively ensured the smooth running of rehearsals and performances as Stage Manager of the following productions: Two of Me Now – Something Permanent Theatre Company (Summerworks 1992), The Killdeer – Queen’s University 1992, Camelot – Queen’s Musical Theatre, 1989.

CLOWN PERFORMANCE AND IMPROVISATION (THEATRE, FILM, TELEVISION, ROVING) -----

Role	Show	Director/Prod	Year
Hariett	Red Nose District	Toronto Clown Festival	2015, 2014, 2013, 2012
Flurr	St John’s Anglican Church	Community Festival	2013
Flurr	Etobicoke Community Resident’s Assoc.		2012
Fenelope	Morro and Jasp Behind the Nose	Up Your Nose and In Your Toes	2011
Harriet	Pandemonium Machine	Diana Kolpak	2010
Dizzy Do-Right	Clown Chowder	Owen Anderson	2006
Mrs. Reena Reebossom	Cirque Du Poulet	Neil Muscott	2003-2005 (monthly)
Patina Gorgonzola	Bethany’s Gate	Diana Kolpak	2004
“Clown”	Variete	Ross Manson	2004
“Clown”	Mutant X	Jonathan Hackett	2004
Doko / various characters	SPACE Night	Kathleen Le Roux	2001-2003 (monthly)
Tansy (network host)	Treehouse TV	Corus Entertainment	1997-2001
Tansy	Playing Under the Sun	Corus Entertainment	2000-2001

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Tansy Improvvisor Improvvisor	Wonky Woo All Canadian Theatresports Micetro Impro	Corus Entertainment Albert Howell Rebecca Northan	2000 1997-2000 (weekly) 2001 (weekly)
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PRODUCING, DIRECTING, CHOREOGRAPHY

Choreographer Casting Director Associate Producer, Co-Director Segment Producer, Creative Consultant Producer	A Christmas Haircut Scream Interstitials Ask Me Four Square S.P.A.C.E. Night	Billfilms Scream Network Treehouse TV Treehouse TV Studio For Physical and Clown Exploration
Director, Producer Co-Producer Co-Producer Director, Producer Director, Producer Director, Producer Director	Micetro Impro L'Affaire Tartuffe Someone Who'll Watch Over Me Improv Fest Durang With a Bang! Brilliant Traces The Odyssey	All Canadian Theatresports The People's Theatre, Kingston The People's Theatre, Kingston The People's Theatre, Kingston The People's Theatre, Kingston The People's Theatre, Kingston Thousand Islands Playhouse – Young Company
Director, Producer Guest Director	High Speed Classics Martadella's Gift	The People's Theatre, Kingston Kingston Collegiate and Vocational Institute
Assistant Director Director	The Tempest The Anger in Ernest and Ernestine	The National Theatre School of Canada The National Theatre School of Canada

TEACHING

Instructor of improvisation/theatre (adults/elders)	The Bitove Method	2014- present
Instructor of improvisation (teens)	The Second City Training Centre	2001-2005
Guest teacher of improvisation (teens)	Crescent School	2001- 2005
Guest teacher of improvisation (teens)	Royal St. George's College	2001- 2004
Therapeutic clowning workshop facilitator (adults)	Hospital For Sick Children	2003, 2005
Clown workshop instructor (adults)	Harlem Hot Shots Dance Troupe	2003
Guest teacher of theatrical clown (teens)	Crescent School	2003, 2005
Guest teacher of theatrical clown (teens)	Cardinal Carter Academy of the Arts	2003
Guest drama teacher (young children)	Leroux Froebel Bilingual Pre-school	2003
Teacher of Lindy Hop Swing Dance (adults)	Yeah Baby Productions	2002
Instructor of improvisation (adults)	All Canadian Theatresports, Micetro Impro	1999 - 2000
Instructor of improvisation (adults, teens)	The People's Theatre, Kingston	1997
Guest drama teacher (children, teens)	Various schools in Kingston, Ontario	1995-1997

EDUCATION AND TRAINING

Dr Clown/Jovia - therapeutic clown: artistic and psychosocial training & development sessions, 2007 - 2011

Richard Ivey School of Business - Ivey Leadership Program , 2011

Alzheimer's Society of Toronto – various educational sessions 2010 - 2015

Francine Cote's Clown and Comedy School– Francine Cote 2008-2010 (*levels 1 – 3*)

Studio for Physical and Clown Exploration (S.P.A.C.E.) - John Turner and Michael Kennard, 2001 - 2004
(*Intro to Clown, Baby Clown, Baby to Stage, Joey and Auguste, Solo Clown*)

The Clown Farm – John Turner, 2004 – 2008

(*Three intensive summer "boot camps" and Teacher Training in Manitoulin*)

The Second City Training Centre - Bruce Hunter, 2000

All Canadian Theatresports - Albert Howell, Ray Gurrie, Jason Offet, Rebecca Northan, 1997- 2000

Loose Moose International Improvisation School - Keith Johnstone, Dennis Cahill, Shawn Kinley, 1996 & 1998

National Theatre School of Canada - Graduate of Directing Program, 1993

Queen's University - BA Dramatic Arts, 1991

Additional training and development:

NAFHCO (North American Federation of Healthcare Clown Organizations) 2024 - various workshops

HCIM (Healthcare Clowning International Meeting) 2016, 2018 - various workshops

Presence - Dr Shari Gellar, John Beale

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2014 Memory Bridge Alzheimer's Training Retreat - Michael Verde

Therapeutic clowning - Joan Barrington (Sick Kids), Michael Christenson (Big Apple Clown Care), Magdalena Schamberger (Hearts & Minds), Wellington Nogueira (Doutores Da Alegria), Olivier-Hugues Terreault (Teatro do Sopro), Melissa Holland (Fondation Dr Clown), Pedro Fabião,

Clown / Character - Leah Cherniak, Grindl Kuchirka, Fiona Griffiths, Joan Barrington, Philippe Gaulier, Francine Cote, Jean-Bernard Bonange, Jan Henderson, Karen Hines (Bouffon), Philippe Gaulier, John Beale